

Switch Underflip

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by Danny Wheeler

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The Underflip, like the Rodeo and Rodeo Back before it, has become the move of the moment for kicker specialists the world over. Basically an inverted frontside 540 off the heel edge, this move began to appear a couple of years ago, one of the pioneers, inevitably, being Peter Line. This is a stylish, relatively simple move to master but learn switch 540's first before you try going inverted.

Me, Jacob, and Jonas Wilhemson have renamed this the 'lazy flip' `cause when you can do it, it takes virtually no effort at all.

Approach the kicker with your weight centred over your board and on your heel edge.

Pop off the kicker, and once you are in the air, look back over your leading shoulder.

If you have committed to it enough, you should be able to grab almost straight away, so grab then.

Your head will come round first. That means you will be able to see your landing in plenty of time.

Put your board down neatly on the snow.

It's up to you what you do now. Remember, a picture says a thousand words, so look carefully

